

The Exchanger

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THE NEWSLETTER
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The Mission of
FBCWR:
*Connecting People
to God's Life-
Changing Power*

*We've Got
Connections!*

I lie
down
& sleep;
I wake again, because
the Lord
sustains
me.
Psalm 3:5



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Breakfast At Tiffany's

"You know those days when you get the mean reds?"

"Same as the blues?"

"No," she said slowly. "No, the blues are because you're getting fat or maybe it's been raining too long. You're sad, that's all. But the mean reds are horrible. You're afraid and you sweat like heck, but you don't know what you're afraid of. Except something bad is going to happen, only you don't know what it is. You've had that feeling?"

"Quite often. Some people call it angst."

"All right. Angst. But what do you do about it?"

"Well, a drink helps."

"I've tried that. I've tried aspirin, too. What I've found does the most good is just to get into a taxi and go to Tiffany's. It calms me down right away, the quietness and the proud look of it; nothing very bad could happen to you there, not with that lovely smell of silver and alligator wallets. If I could find a real-life place that made me feel like Tiffany's, then I'd buy some furniture and give the cat a name."

Sometimes I wake up in the

morning, and I just feel angst. It's not like things aren't going my way--generally speaking. I don't understand it--maybe it's just all the things I need to get done that day. Especially what must be done in the first hours of the morning. I feel overwhelmed but silly 'cause it's just normal life stuff. So after breakfast, I take my shower, I brush out my hair, and I can't wait to crawl back into bed. Not to go to sleep, but to rest. Rest with the Lord in conversation and in His word. This is my Breakfast at Tiffany's. What I find that calms me down right away, is the quietness and the proud look of Him--nothing very bad can happen to me there. And I really mean this.

-Robyn Maxwell
(quotations Truman Capote)

